

Hotlines, Helplines and Treatment Resources

- National Suicide Crisis Line-988
- Depression Hotline: 1-630-482-9696
- NAMI (National Alliance on Mental Illness Helpline-800-950-NAMI or Text HELPLINE to 62640.
- SAMHSA (Substance Abuse and Mental Health Services Administration) Distress Line-800-985-5990. Treatment Referral Line-800-662-4357 or findtreatment.gov
- The Trevor Project, Crisis Support for the LGBT Community. Trevor Lifeline 1-866-488-7386, Or Text START to 678-678
- The Trans Lifeline-877-565-8860
- Volunteers of America Intake Line (For Treatment Services) 833-467-3862. VOA Prayer Line-877-862-7729.
- National Domestic Violence Hotline: 1-800-799-SAFE (7233)
- The National Sexual Assault Hotline (1.800.656.HOPE) and Online Hotline (rainn.org)
- Alcohol Abuse and Crisis Intervention: 1-800-234-0246
- Alcohol and Drug Abuse Helpline and Treatment: 1-800-234-0420
- Military Helpline: 1-888-HLP-4-VET (1-888-457-4838)
- Homeless Helpline (in the DMV) 311