



**seeking:**  
honest questions  
for deeper faith



## Daily Devotional

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**Weekly theme:** Who will you listen to?

**Question:** Jesus was tempted in the wilderness. What distractions in your life pull you off-center?

**Prayer:** Centering God, more often than I would like to admit, I find myself chasing rabbit trails. I focus on things that do not ultimately matter. I dwell. I ruminate. I marinate in frustrations. Help me recognize unhealthy distractions for what they are, and then give me strength and wisdom so that, like Jesus in the desert, I too might say no. Amen.

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*Join the inspiration of our Daily Devotionals for Lent, Holy Week, and Easter. Please email your reflection, prayer, or other contribution to [RevDwayne@mccdc.com](mailto:RevDwayne@mccdc.com).*

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